

OCTOBER | 2021

Zion Lunch



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

27	28	29	30	1
4 Spaghetti w/ meat sauce Green Beans Garlic Toast Fruit	5 Tacos Salsa/Sour Cream Refried Beans Tortilla Chips Fruit	6 Hamburger on bun Lettuce/tomato/onion/ pickles/cheese slice Roasted potatoes Fruit	7 Stuffed Aria Pepperoni Pizza Breadstick Salad w/ dressing Fruit	8 No School Teacher Institute Day
11 No School Columbus Day	12 Hotdog Macaroni & Cheese Cooked Carrots Fruit	13 BBQ chicken drumstick Pasta salad Baked Beans Fruit	14 Sloppy Joe Potato Wedges Fruit	15 Scrambled Eggs Sausage Patty Hash brown Toast Cinnamon Apples
18 Chicken & Noodles Peas Carrots Fruit	19 Walking Tacos Salsa/Sour Cream Fiesta Salad Fruit	20 Chicken Strips Baked Beans Sweet Potatoes Fruit	21 Stuffed Aria Cheese Pizza Breadstick Corn Fruit	22 No School Parent Teacher Conference
25 Chili Mac Corn Bread Roasted Squash Fruit	26 Pulled Pork Sandwich Coleslaw Baked Beans Fruit	27 Sausage Pizza Breadstick Salad w/ dressing Fruit	28 Philly Steak Sub Potato Wedges Sweet Peppers Fruit	29 Mummy Brats (hotdog w/ biscuit) Fried Toes (French fries) Troll Fingers (fresh vegetables)

News

Due to shortages in our deliveries, menu items may change at short notice. Thank you for your patience during this time.

Local farmers we use to prepare some of our Lunch items.

- * Toohill Beef & Seed
- * Petersburg Poultry
- * Janie's Mill
- *PrairieErth
- *O'Rourke Family Farms
- *Wolf Creek Farm